

Family Swimming Safety Guidelines



We want you to enjoy your swimming experience. However, we very much care about your safety, so we ask you to note the following guidelines which will help us to help you stay safe at all times

All children under 8 must be accompanied in the water by a responsible person over the age of 16.

1 responsible person over the age of 16 can only be responsible for:

**a maximum of 2 children under 8 or,
2 children under 4, if at least 1 child wears appropriate swim aids**

The responsible person must remain within reach of the child/children at all times, regardless of the swimming ability of the child or responsible person.

All weak and non-swimmers are strongly advised to wear appropriate swim aids such as armbands, a float suit or a float vest. These items can be purchased at our Reception area. Inflatable rings, woggles or swim floats are not considered appropriate.

Please listen carefully to any public address announcements and the warning siren before the wave machine is activated. When you hear this sound, consider the abilities of those under your care and move to a safer area.

Trained lifeguards are always on duty and it is their role to prevent you or your family getting into any difficulty, so we respectfully ask that you follow their advice and instructions at all times.

If your child normally uses nappies then swim nappies should be worn when in the pool. We have stringent health related procedures to follow in the event of any 'mishaps' that may require the potential closure of the whole pool to allow appropriate treatment of the water. Please encourage your child to visit the toilet before entering the pool to minimise the possibility of such a mishap.

Please also shower before entering the pool as this helps reduce the amount of chemicals we need to introduce into the pool.

A cafeteria is provided but we ask that you avoid eating before your swim, however we hope that you enjoy a visit to our café afterwards.

We hope these simple guidelines help you to enjoy our swimming pool safely.

Have fun!